

**AMERICAN CANCER SOCIETY  
CANCER PREVENTION STUDY II  
QUESTIONNAIRE FOR MEN**



Division No.	Unit No.	Group No.
Researcher No.	Family No.	Person No.

Date: \_\_\_\_\_

- Name: \_\_\_\_\_
- Date of birth: Month \_\_\_\_\_ Year \_\_\_\_\_
- How old are you now? \_\_\_\_\_
- Current weight with indoor clothing: \_\_\_\_\_ lbs.
- Weight 1 year ago: \_\_\_\_\_ lbs.
- Height (without shoes): \_\_\_\_\_ ft. \_\_\_\_\_ in.
- White     Black     Hispanic  
 Oriental     Other \_\_\_\_\_ (specify)
- Marital status:  
 Single     Separated     Widowed  
 Married     Divorced
- If ever married, age at first marriage: \_\_\_\_\_
- Number of times married: \_\_\_\_\_
- Social Security No.: \_\_\_\_\_ (optional)

**FAMILY HISTORY (IN RELATION TO CANCER):**

1. Fill in the following table as completely as possible for parents, brothers and sisters.

LIST ONE BLOOD RELATIVE PER LINE: (Circle Brother or Sister)	IS THIS PERSON? (Circle One)		IF ALIVE, GIVE AGE	IF DEAD, GIVE AGE AT DEATH	DID THIS PERSON EVER HAVE CANCER? (Circle One)		IF "YES," SPECIFY TYPE OF CANCER	AT WHAT AGE?
	Alive	Dead			Yes	No		
Father	Alive	Dead			Yes	No		
Mother	Alive	Dead			Yes	No		
Brother or Sister	Alive	Dead			Yes	No		
Brother or Sister	Alive	Dead			Yes	No		
Brother or Sister	Alive	Dead			Yes	No		
Brother or Sister	Alive	Dead			Yes	No		
Brother or Sister	Alive	Dead			Yes	No		
Brother or Sister	Alive	Dead			Yes	No		

2. When you were born, a) How old was your mother? \_\_\_\_\_ b) How old was your father? \_\_\_\_\_

**HISTORY OF DISEASES:**

- Have you ever had cancer?  Yes  No. If "yes,"  
 a) What type? \_\_\_\_\_  
 b) Date of first treatment: \_\_\_\_\_
- Place a check-mark by the following diseases or conditions for which you have ever been diagnosed by a doctor:
 

<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Emphysema
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Hay Fever
<input type="checkbox"/> Stroke	<input type="checkbox"/> Asthma
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Stomach Ulcer
<input type="checkbox"/> Gall Stones	<input type="checkbox"/> Duodenal Ulcer
<input type="checkbox"/> Chronic Indigestion	<input type="checkbox"/> Diverticulosis
<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Rectal Polyps
<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Colon Polyps
<input type="checkbox"/> Bladder Disease	<input type="checkbox"/> Thyroid Condition
<input type="checkbox"/> Cirrhosis of the Liver	<input type="checkbox"/> Arthritis
<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Prostate Trouble
<input type="checkbox"/> Chronic Bronchitis	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Any other serious disease (specify) _____	
- Have you ever had an operation?  Yes  No  
 If "yes," specify type and date(s) of operation(s):  
 \_\_\_\_\_  
 \_\_\_\_\_
- How many x-ray or fluoroscopic examinations (GI series, barium enema, etc.) have you ever had of:
 

	0	1-5	6 or More		0	1-5	6 or More
Stomach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intestine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Arms/Legs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Head/Neck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
- Have you ever been treated with radium, x-rays, or radioactive isotopes?  Yes  No  
 If "yes," when? \_\_\_\_\_  
 For what disease? \_\_\_\_\_  
 What part of your body? \_\_\_\_\_
- How many times have you had colds or flu in the past twelve months? \_\_\_\_\_

**CURRENT PHYSICAL CONDITION:**

- How much exercise do you get (work or play)?  
 None  Slight  Moderate  Heavy
- On the average, how many hours do you sleep each night? \_\_\_\_\_
- On the average, how many times a month do you have insomnia? \_\_\_\_\_  None
- Within the last month, have you noticed:
  - Painful or frequent urination?  Yes  No
  - An unusual discharge from your penis?  
 Yes  No
- Do you notice pains in your legs when you walk which go away when you rest?  Yes  No  
 If "yes," how many years have you had these pains? \_\_\_\_\_
- Are you sick at the present time?  Yes  No  
 If "yes," with what disease or condition? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**HABITS:**

- Whether or not you smoke**, on the average, how many **hours a day** are you exposed to cigarette smoke of others:  
 At home \_\_\_\_\_, At work \_\_\_\_\_, In other areas \_\_\_\_\_.
- Do you now or have you ever smoked cigarettes, cigars or pipes, at least one a day for one year's time?  Yes  No  
 If never smoked, skip to question 8.
- If you **currently** smoke cigarettes, cigars or pipes, fill in the information below:

Current Smokers	Cigarettes	Cigars	Pipes
Average number smoked per day			
Age began smoking			
<b>INHALATION:</b>			
Do not inhale			
Inhale slightly			
Inhale moderately			
Inhale deeply			
Total years of smoking			
Years smoked <b>filtered</b> cigarettes			
Years smoked <b>non-filtered</b> cigarettes			

- Current brand of cigarette: \_\_\_\_\_
  - Size:  Regular  King  100 mm  120 mm
  - Non-filter  Filter  Menthol
  - Years smoked this brand: \_\_\_\_\_

- If you have **quit** smoking cigarettes, cigars or pipes, fill in the information below:

Ex-Smokers	Cigarettes	Cigars	Pipes
Average number smoked per day			
Age began smoking			
Age quit			
<b>INHALATION:</b>			
Did not inhale			
Inhaled slightly			
Inhaled moderately			
Inhaled deeply			
Total years smoked			
Years smoked <b>filtered</b> cigarettes			
Years smoked <b>non-filtered</b> cigarettes			

- Last brand of cigarette smoked: \_\_\_\_\_
  - Size:  Regular  King  100 mm  120 mm
  - Non-filter  Filter  Menthol
  - Years smoked this brand: \_\_\_\_\_
- Current **and** ex-cigarette smokers, fill in the following information for:
  - The **first** brand smoked regularly; and
  - The brand of cigarette smoked for the **longest** period of time.

Brand Name	Size	Filter		Menthol		Number Per Day	Years
		Yes	No	Yes	No		
1.							
2.							

- Have you ever chewed tobacco at least once a week for at least one year?  Yes  No  
 If "no," skip to question 9.
  - Age began chewing tobacco: \_\_\_\_\_
  - How many times a week? \_\_\_\_\_
  - For how many years? \_\_\_\_\_
  - Do you still chew tobacco?  Yes  No
- Have you ever used snuff at least once a week for at least one year?  Yes  No  
 If "no," skip to "Diet."
  - Age began using snuff: \_\_\_\_\_
  - How many times a week? \_\_\_\_\_
  - For how many years? \_\_\_\_\_
  - Do you still use snuff?  Yes  No

**DIET:**

1. On the average, how many days per week do you eat the following foods? (If less than once a week, but at least twice a month, write 1/2.)

- |                         |                            |
|-------------------------|----------------------------|
| Beef _____              | Raw vegetables _____       |
| Pork _____              | Carrots _____              |
| Chicken _____           | Squash/Corn _____          |
| Liver _____             | Citrus fruits/Juices _____ |
| Ham _____               | Spaghetti/Macaroni/ _____  |
| Fish _____              | White rice _____           |
| Smoked meats _____      | White bread/Rolls/ _____   |
| Frankfurters/ _____     | Biscuits _____             |
| Sausage _____           | Brown rice/Whole _____     |
| Butter _____            | wheat/Barley _____         |
| Margarine _____         | Bran/Corn muffins _____    |
| Cheese _____            | Potatoes _____             |
| Eggs _____              | Oatmeal/Shredded _____     |
| Green leafy _____       | wheat/Bran _____           |
| vegetables _____        | cereals _____              |
| Tomatoes _____          | Cold (Dry) cereals _____   |
| Cabbage/Broccoli/ _____ | Ice cream _____            |
| Brussels sprouts _____  | Chocolate _____            |

2. How many days a week do you eat the following fried foods?

- |                          |                         |
|--------------------------|-------------------------|
| Fried eggs _____         | Fried hamburgers _____  |
| Fried bacon _____        | or beef _____           |
| Fried chicken/fish _____ | Other fried foods _____ |
| French fries _____       |                         |

DO NOT EAT FRIED FOODS

3. Do you eat a vegetarian diet?  Yes  No  
If "yes," what type and for how many years? \_\_\_\_\_

4. Has there been a major change in your diet in the last 10 years?  Yes  No  
If "yes," what was the change? \_\_\_\_\_

5. a) Do you now or have you ever added artificial sweeteners (saccharin or cyclamates) to coffee, tea, or other drinks or food?

- Yes, currently  Formerly  Never

b) If ever used artificial sweeteners, indicate amount per day and for how long.

Packets: No. per day \_\_\_\_\_ Years \_\_\_\_\_

Drops: No. per day \_\_\_\_\_ Years \_\_\_\_\_

Tablets: No. per day \_\_\_\_\_ Years \_\_\_\_\_

6. Do you get your drinking water from:  City supply  Private well  Other (specify) \_\_\_\_\_

7. Do you add any substances to soften your drinking water?  Yes  No

8. How many cups, glasses, or drinks of these beverages do you usually drink a day, and for how many years? (If you no longer drink a listed beverage, or your pattern has changed in the last ten years, indicate previous and current amounts. If less than once a day, but at least three times a week, write 1/2.)

Beverages	Currently		Previously	
	Amount	Years	Amount	Years
Whole milk (not skim milk)				
Caffeinated coffee				
Decaffeinated coffee				
Tea				
Diet soda or diet iced tea				
Non-diet colas				
Other non-diet soft drinks				
Beer				
Wine				
Hard liquor				

**MEDICATIONS AND VITAMINS:**

1. How many times in the last month have you used the following and how long have you used them? (If none, write 0; if used only occasionally, write 1/2.)

Medications and Vitamins	Times	Years
Aspirin, Bufferin, Anacin		
Tylenol		
Vitamin A		
Vitamin C		
Vitamin E		
Multi-Vitamins		
Blood Pressure pills		
Diuretics (water pills)		
Thyroid medications		
Heart medications		
Anti-Acid medications		
Valium		
Librium		
Prescription sleeping pills		
Tagamet (for ulcers)		
Other: _____		

**OCCUPATIONS:**

1. What is your current occupation and what are your duties? \_\_\_\_\_  
 \_\_\_\_\_  
 How many years: \_\_\_\_\_
2. If retired, what was your last occupation? \_\_\_\_\_  
 \_\_\_\_\_  
 Year retired: \_\_\_\_\_
3. What other job have you held for the longest period of time? \_\_\_\_\_  
 \_\_\_\_\_  
 How many years: \_\_\_\_\_
4. What time of day do you start working? \_\_\_\_\_  
 Do you work rotating shifts?  Yes  No
5. How many hours a week do you work on:  
 paid jobs \_\_\_\_\_, volunteer work \_\_\_\_\_,  
 housework \_\_\_\_\_.
6. In your work or daily life, are (were) you **regularly** exposed to any of the following? If "yes," indicate the number of years exposed.

Exposure to:	Check One		Number of Years
	Yes	No	
Asbestos			
Chemicals/Acids/Solvents			
Coal or Stone Dusts			
Coal Tar/Pitch/Asphalt			
Diesel Engine Exhaust			
Dyes			
Formaldehyde			
Gasoline Exhaust			
Pesticides/Herbicides			
Textile Fibers/Dusts			
Wood Dust			
X-rays/Radioactive Materials			

**REMARKS:**

**MISCELLANEOUS:**

1. Where were you born? \_\_\_\_\_  
city state/country
2. Where were your parents born?  
 Father: \_\_\_\_\_  
 Mother: \_\_\_\_\_
3. Religion:  Protestant  Catholic  Jewish  
 LDS  Other \_\_\_\_\_  None  
 If Protestant, what denomination? \_\_\_\_\_
4. Education:  
 8th Grade or Less  Some College  
 Some High School  College Graduate  
 High School Graduate  Graduate School  
 Vocational/Trade School
5. How many years have you lived in your present neighborhood? \_\_\_\_\_
6. How many friends or relatives do you feel close to? \_\_\_\_\_
7. How many times a month do you:  
 a) Go to church or temple? \_\_\_\_\_  
 b) Attend club meetings? \_\_\_\_\_  
 c) Participate in group activities? \_\_\_\_\_
8. Were you in the U.S. Armed Services?  Yes  No  
 If "yes,"  
 a) What branch of the service were you in? \_\_\_\_\_  
 b) What were your dates of service?  
 \_\_\_\_\_ to \_\_\_\_\_,  
 \_\_\_\_\_ to \_\_\_\_\_.  
 c) Where did you serve? \_\_\_\_\_
9. What is the most upsetting event that happened to you in about the last five years? \_\_\_\_\_  
 \_\_\_\_\_  None
10. Do you now or have you ever used mouthwash?  Yes  No  
 If "yes,"  
 a) What brand? \_\_\_\_\_  
 b) How many times a week is it used? \_\_\_\_\_  
 c) For how many years have you used it? \_\_\_\_\_