

AMERICAN CANCER SOCIETY

CANCER PREVENTION STUDY QUESTIONNAIRE FOR MEN

Division No. 1-2	Unit No. 3-5	Group No. 6-8
Researcher No. 9-11	Family No. 12-13	Person No. 14-15

1. Name: _____ 2. Date: 16 *Spokane, Wash. Co. Ind.*
 3. Date of Birth: Month: 17-18 *5/17-18* Year: _____ 4. Present Weight (Indoor clothing): _____ lbs. *Index: 23-25*
 5. Height (Without shoes): _____ ft. _____ in. *26-27* 6. Race: White Negro Indian Other: _____
 7. Marital Status: Single Married Widowed Divorced Separated

FAMILY HISTORY (IN RELATION TO CANCER): Please indicate for each of the following members of your family: whether living or dead; their present age or age at time of death; and whether or not they ever had cancer.

1. Your Parents and Grandparents:

- (a) Father: ³⁰ Alive ³¹ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: _____
 (b) Mother: ³¹ Alive ³¹ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: _____
 (c) Father's father: ³⁷ Alive ³⁷ Dead ; Age (approximate): _____ ; Cancer: Yes No Don't know
 (d) Father's mother: ³⁹ Alive ⁴⁰ Dead ; Age (approximate): _____ ; Cancer: Yes No Don't know
 (e) Mother's father: ⁴¹ Alive ⁴² Dead ; Age (approximate): _____ ; Cancer: Yes No Don't know
 (f) Mother's mother: ⁴³ Alive ⁴⁴ Dead ; Age (approximate): _____ ; Cancer: Yes No Don't know

2. Your Brothers: (Please list all of them, living or dead). - *No. of brothers - 45*

- a) ⁴⁰ Alive or ⁴⁷ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 28-29
 b) ⁴⁶ Alive or ⁴⁷ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 50-53
 c) ⁴⁸ Alive or ⁴⁸ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 56-57
 d) ⁴⁸ Alive or ⁴⁸ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 60-61
 e) ⁴⁸ Alive or ⁴⁸ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 64-65

3. Your Sisters: (Please list all of them, living or dead). - *No. of sisters - 74*

- a) ⁷⁰ Alive or ⁷¹ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 68-69
 b) ⁷⁵ Alive or ⁷⁵ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 70-72
 c) ⁷⁹ Alive or ⁷⁹ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 77-78
 d) ⁸⁷ Alive or ⁸⁸ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 81-82
 e) ⁹¹ Alive or ⁹¹ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 85-86
 f) ⁹³ Alive or ⁹⁴ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 87-90
 g) ⁹⁵ Alive or ⁹⁶ Dead ; Age _____ ; Cancer: Yes No ; Type of Cancer: 93-94

4. Do you (or did you) have a twin brother? Yes No If "yes," indicate above which brother.

5. When you were born: How old was your mother? 49 How old was your father? 100-101

HISTORY OF DISEASES:

1. Have you ever had cancer? Yes No
 If "yes," a) What type of cancer: 102-103 b) Date of first treatment: 104-105

2. Please make a check mark after the name of each of the following diseases you have ever had:

- Pneumonia Tuberculosis Bronchitis Influenza Laryngitis Tonsillitis
 Asthma Hay Fever Dysentery Stomach Ulcer Duodenal Ulcer Diabetes
 Heart Disease Stroke High Blood Pressure Rheumatic Fever Cirrhosis of Liver
 Gallstones Arthritis Poliomyelitis Goiter Enlarged Prostate

Any serious disease not listed above: (please specify): _____

3. How often have you had colds (or grippe) in the last year? _____

4. Have you ever had a surgical operation? Yes No *Summary-129*

If "yes," please specify type of operation(s): 130-133

5. Have you ever had an X-ray or fluoroscopic examination of your stomach or abdomen? ¹³⁶ Yes No

6. Have you ever been treated with radium, X-rays, or radioactive isotopes? ¹³⁷ Yes No

If "yes," what part of your body? _____

What disease were you treated for? _____

PRESENT PHYSICAL COMPLAINTS: Please check "yes" or "no" after each complaint listed. If you check "yes," please indicate the severity of the condition.

1. ¹³⁸ <u>A Cough:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	10. ¹⁴⁴ <u>Blood in the Stool:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>	19. ¹⁴⁷ <u>Headaches:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>
2. ¹³⁹ <u>Sore Throat:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	11. ¹⁴⁴ <u>Pain or Discomfort in Lower Abdomen:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>	20. ¹⁴⁷ <u>Dizziness:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>
3. ¹³⁹ <u>Hoarseness:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	12. ¹⁴⁴ <u>Pain in Stomach:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>	21. ¹⁴⁷ <u>Insomnia:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Degree: 158</i> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>
4. ¹⁴⁰ <u>Shortness of Breath:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	13. ¹⁴⁷ <u>Indigestion:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Degree: 154</i> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	22. <u>Fatigue Easily:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>
5. ¹⁴¹ <u>Pain or Discomfort in Chest:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	14. ¹⁴⁷ <u>Nausea or Vomiting:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Degree: 155</i> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>	23. <u>Change in Weight:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> ¹⁴⁹ If "yes," did you: Lose weight <input type="checkbox"/> Gain weight <input type="checkbox"/>
6. ¹⁴² <u>Difficulty in Swallowing:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	15. ¹⁴⁷ <u>Loss of Appetite:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Degree: 156</i> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	¹⁵⁰ About how many pounds? _____ ¹⁵¹ Over what period of time? _____ ¹⁵² Did you try to bring about this change? Yes <input type="checkbox"/> No <input type="checkbox"/>
7. ¹⁴³ <u>Constipation:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	16. ¹⁴⁷ <u>Blood in the Urine:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Degree: 157</i> Seldom <input type="checkbox"/> Fairly Often <input type="checkbox"/> Often <input type="checkbox"/>	24. <u>Other Complaints:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Please specify: _____
8. ¹⁴² <u>Diarrhea:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	17. ¹⁴⁶ <u>Difficulty in Urinating:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	
9. ¹⁴² <u>Recent Change in Bowel Habits:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> <i>Degree: 153</i> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	18. ¹⁴⁶ <u>Too Frequent Urination:</u> Yes <input type="checkbox"/> No <input type="checkbox"/> Slight <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/>	

25. Have you seen a doctor in the last year about any of the complaints listed above? Yes No

If "yes," which complaint(s)? _____

26. Have you had difficulty with constipation over a period of many years? Yes No ¹⁶⁰

27. Have you had a cough over a period of many years? Yes No

28. How have you been feeling in the last month or two? Good Fair Poor ¹⁶¹

29. Are you sick at the present time? Yes No

If "yes," what disease? _____

162-176, 178 Blank for males

HABITS:

179 1. How much exercise do you get (work or play): None Slight Moderate Heavy

180 2. How many hours of sleep do you usually get a night? _____

181 3. Do you now smoke? Yes No

182 If "yes," a) How many cigarettes do you usually smoke a day? _____

b) How many cigars do you usually smoke a day? _____

183 c) How many pipefuls of tobacco do you usually smoke a day? _____

4. If you now smoke cigarettes:

184 a) About how much do you inhale when smoking cigarettes?
Do not inhale Inhale Slightly Inhale Moderately Inhale Deeply

185 b) What type do you smoke? Filter-tip Without filter-tip

c) What brand do you usually smoke? _____

186 d) How old were you when you started smoking cigarettes? _____

5. If you now smoke cigars, about how much do you inhale when smoking cigars?

184 Do Not Inhale Inhale Slightly Inhale Moderately Inhale Deeply

6. If you now smoke a pipe, about how much do you inhale when smoking a pipe?

184 Do Not Inhale Inhale Slightly Inhale Moderately Inhale Deeply

7. If you do not smoke cigarettes now, did you ever smoke cigarettes regularly? Yes No

If "yes," a) How long has it been since you last smoked cigarettes regularly? _____

b) How many cigarettes did you usually smoke per day? _____

c) Why did you stop smoking cigarettes? _____

8. If you do not smoke cigars now, did you ever smoke cigars regularly? Yes No

9. If you do not smoke a pipe now, did you ever smoke a pipe regularly? Yes No

189 10. Do you chew tobacco or use snuff? Never Occasionally Regularly

11. How many days a week do you eat each of the following foods?

Fish 19; Meat or poultry 19; Eggs 19; Cheese 19; Butter or oleomargarine 19;
Bread, rolls, or biscuits 19; Pancakes 19; Cereal 19; Spaghetti or macaroni 19;
Potatoes 19; Rice 19; Cooked vegetables 19; Green salads 19; Fruits or fruit juices 19;
Sweet desserts 19; Candy 19.

12. When eating meat, do you avoid eating the fat? Yes No

13. How many days a week do you eat each of the following fried foods:

Fried eggs _____; Fried bacon, fried sausage, or fried ham _____; Fried potatoes _____;
Fried chicken or fried fish _____; Other fried food _____.

14. Do you often add salt to your food? Yes No ; Pepper? Yes No

Catsup, mustard, or spices? Yes No ; Mayonnaise or salad oil? Yes No

15. Do you often eat: Ham? Yes No ; Pork chops? Yes No ; Other Pork? Yes No

Frankfurters? Yes No ; Smoked or Salt fish? Yes No

16. How many cups, glasses, or "drinks" of the following beverages do you usually take a day?

a) Milk 21; b) Coffee 21; c) Tea 21; d) Soft drinks 21;
e) Beer 21; f) Wine 21; g) Whiskey, gin, etc. 21.

17. When drinking coffee, tea, or soup, do you take it: Very hot Moderately hot Lukewarm

18. How often do you use the following types of medicine?

Aspirin, Bufferin... Never Seldom Often ; Tranquilizers... Never Seldom Often

Vitamin pills... Never Seldom Often ; Laxatives... Never Seldom Often

Sleeping pills... Never Seldom Often ; Anti-acid medicine... Never Seldom Often

MISCELLANEOUS:

226 1. What is your present occupation? _____

227 If retired, what was your previous occupation? _____

228 2. In your work, have you ever been exposed to gases, dusts, or fumes of any sort which might possibly affect your lungs? (Examples: painters are often exposed to fumes from solvents; some farmers are to insecticide sprays; etc.) Yes No
If "yes," please describe: _____

3. In your work, have you ever been exposed to any chemicals, solvents, or oil products not mentioned in the preceding question? Yes No
If "yes," please describe: _____

4. Have you ever worked with X-rays or radioactive material? Yes No
If "yes," please describe briefly: _____

229 5. Many people complain that their work or home situation puts them under pressure or nervous tension. How much pressure or nervous tension do you feel you are under?
None Slight Moderate Severe

230 6. Have you recently noticed any change in the size or color of a mole or wart? Yes No

231 7. Has a doctor ever removed a mole or wart from your skin? Yes No

232 8. Do you have a sore which will not heal? Yes No If "yes," where: _____

233 234 9. How many teeth have you lost? _____

235 10. Do you wear a full dental plate? Yes No A partial dental plate? Yes No

236 11. Are you bald or beginning to get bald? Yes No
If "yes," how bald? Slight Moderate Much

237 12. Are you circumcised?
Completely circumcised (foreskin absent) Some foreskin
Uncircumcised (full foreskin) Don't know

177 13. Frequency of sexual intercourse (times per month): _____

240 14. Religion: Protestant Catholic Jewish Other: _____
If Protestant, what denomination? _____
(We ask this because cancer of some sites is said to be rare in certain religious groups. For example, cancer of the penis is rare in Jewish men.)

238 15. Did you ever live in a house with a person who had cancer? Yes No
If "yes," what was his or her relationship to you? _____

241 16. Do you have a medical check-up regularly every year? Yes No

242 17. Where were you born? _____

243 18. How many years have you lived in your present neighborhood? _____

244 19. Education: Grammar School Some High School High School Graduate Some College
College Graduate

245 20. Did the person whose name appears on the first page of this questionnaire fill out the questionnaire himself? Yes No

REMARKS: _____